

## **If You Know What's Good for You**

*Ecclesiastes 7:1-14*

Sunday, September 11, 2016

### **What is good for you in this broken world?**

- I. **Sobriety (1-6) is good for you, because God is sovereign (13-14).  
Five instructions for cultivating sobriety in a broken world:**
  - a. **Your death-day is better than your birth-day (1).**
  - b. **Funerals are better than parties (2).**
  - c. **Seriousness is better than silliness (3).**
  - d. **Pondering death is better than ignoring death (4).**
  - e. **A wise rebuke is better than a good time (5-6).**

II. **Patience (7-12) is good for you because God is sovereign (13-14).  
Five instructions for cultivating patience in a broken world:**

a. **Recognize that the days are evil (7).**

b. **Embrace the process (8).**

c. **Be slow to anger (9).**

d. **Find contentment in the present (10).**

e. **Protect yourself with wisdom (11-12).**

III. **Sobriety and patience are good for you because God is  
sovereign (13-14).**